

# *Hardyston School District*

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## **From the Nurse's Office**

*Dear Hardyston Families,*

*This message is just a reminder that we have many students in our school that have various life threatening food allergies. It is very important that we provide the safest environment possible for these students.*

***PLEASE REMEMBER THAT ALL FOODS PERMITTED IN CLASSROOMS MUST BE PEANUT AND TREE NUT FREE. (This includes any disclaimer that states that the product is made in a facility that also processes peanuts and tree nuts on the same equipment or in the same facility.)***

***Since some young people have experienced adverse side effects from energy drinks (Monster, Red Bull), please do not permit your child to bring these items to school***

*I will personally review every label.*

*Please remind your child that **sharing** of food/drinks in the cafeteria is **not** permitted.*

*Elizabeth A. Burdzy RN CSN  
Hardyston Middle School Nurse  
973-823-7000 ext. 1010*

*Our Legacy, A Well Educated Child*

