



Volume: XIV Issue: VIII

May/ June 2016

# FRONT PAGE

## A MESSAGE FROM THE SUPERINTENDENT

Dear Parents & Guardians:

Upcoming field trips, field days, concerts and class trips remind us that we are heading down the home stretch toward the last day of school, June 10. I am grateful to all of you for making this school year a success. In addition to our parents, our wonderful students and faculty deserve high commendations for their hard work and determination.

As you know, our students are awesome! Fourth graders are truly excited about "moving up" to the middle school and becoming fifth graders and our middle school staff and faculty are happy to welcome them. Their orientation will be held May 20 at the middle school and we look forward to showing them around their new academic home.

For many years, our eighth grade students have looked forward to graduation (June 8) and will soon be preparing for the ceremony. They too have worked diligently and deserve many accolades for successfully completing a rigorous academic program. They may not admit it now (few do) but I can assure you that they will miss Hardyston!

You know we have wonderful teachers and staff in our district. It is bittersweet that we will be losing some of our best to a well-deserved retirement. With gratitude for their years of service, and with best wishes for a long retirement and future happiness, we offer a fond farewell to: Pam Styer, Adele Manailovich, Teresa Zinck, Rose Wolverton, Christine Paulik, Judy Williams and Barbara Kuz.

Finally, please remember that our graduation is June 8; tickets have been mailed out. Our last day of school is June 10, which is also an early dismissal as is June 8 and 9.

Thank you all for making Hardyston the best!

Sincerely,  
Richard R. Corbett, Ed. D.  
Superintendent of Schools

## DATES TO REMEMBER

5/04	PTA General Meeting, ES, 7:00 PM
5/10	BOE Meeting, MS, 7:00 PM
5/18	8 <sup>th</sup> Grade Field Trip, NYC
5/19	Spring Concert, ES, 7:00 PM
5/19-5/20	8 <sup>th</sup> Gr. Field Trip, Buehler Science Center
5/20	4 <sup>th</sup> Grade Orientation, MS, 9:00-11:00 AM
5/24	BOE Workshop Meeting, MS, 7:00 PM
	5 <sup>th</sup> Grade LEAD Ceremony, MS, 10:53 AM
<b>5/25</b>	<b>NJ ASK Science Test, Grades 4 &amp; 8</b>
5/26	Spring Concert, MS, 7:00 PM
5/27	Elementary School Field Day
<b>5/30</b>	<b>SCHOOL CLOSED: Memorial Day</b>
5/31	SEPAG Meeting, MS, 7:00 PM
6/01	PTA General meeting, ES, 7:00 PM
6/02	Sport Physicals, MS, 4:30-7:00 PM
6/02	Middle School Field Day
6/07	4 <sup>th</sup> Grade Promotion, ES, 9:00 AM 8 <sup>th</sup> Grade Dance, MS, 6:30-9:00 PM
<b>6/08</b>	<b>EARLY DISMISSAL: MS, 12:35 PM ES, 1:15 PM 8<sup>th</sup> Grade Graduation, MS, 7:00 PM</b>
<b>6/09</b>	<b>EARLY DISMISSAL: MS, 12:35 PM ES, 1:15 PM</b>
<b>6/10</b>	<b>EARLY DISMISSAL: MS, 12:35 PM ES, 1:15 PM 8<sup>th</sup> Gr. Presidential Awards, MS, 8:15 AM LAST DAY OF SCHOOL</b>

## MIDDLE SCHOOL

### GUIDANCE OFFICE



**May is the month of Patriotism.** Patriotism is a noun that means devoted love, support, and defense of one's country; or having national loyalty.

The color theme for the month is **orange**. Spirit Day is May 17th, Patriotic Day! Staff and students are encouraged to get creative and wear red, white and blue clothing and accessories. As always we will be determining homeroom and grade level winners. Good luck!

### MUSIC DEPARTMENT

#### Middle School Spring Concert

5<sup>th</sup> through 8<sup>th</sup> Grade

Thursday, May 26 at 7:00 PM

The Band and Chorus students will be going on their field trip to Dorney Park on Friday, May 27, 2016.

### ELEMENTARY SCHOOL



The ES Scholastic Book Fair was a great success! Thanks to the many PTA volunteers who took time to help our students find great books to read. A special thank you to Sue Testino & Dorothy Pokrzywa who co-chaired the book fair this year. Thanks also to Chris Smith & Peggy Van Ginneken for all their help with the registers and finances. Lots of new books will be added to our Elementary School Library as well as more books for our summer reading prizes.

## Mrs. Junior's Class BOOKMARK SALE 2016

**Mrs. Junior and her 2<sup>nd</sup> grade class** are grateful. Thanks to your generosity, the Dominican and Haitian children will feel the "Hardyston Love" that we feel every day in our awesome school. They sold many bookmarks! With such great sales it is a good thing the students recently learned how to do regrouping with double digits. They had a lot of math problems to figure out. The class selected Spanish books from the Scholastic Book Club called Club Leo. They added book labels to each book to show it was from Hardyston, NJ, USA and shipped them off to the children. **Thank You!**

### CAMPBELL SOUP LABELS



We have brought back our Campbell's Soup Labels for Education collection! Please send in your Campbell's Soup Labels. For a list of participating products visit:

<http://www.labelsforeducation.com/Earn-Points/Participating-Products>

### BOX TOPS FOR EDUCATION

Don't forget to keep sending in your Box Tops for Education! You can now find box tops on specially marked Avery products such as binders, markers, glue sticks, highlighters, labels, etc. Remember to look for box tops on Kleenex, Betty Crocker, Ziplock, Hefty, General Mills, Nestle, Kimberly Clark, S. C. Johnson and Huggies items.



## HEALTH OFFICE NEWS

**May is National Osteoporosis Awareness and Prevention Month.** Osteoporosis is a disease that affects the bones making them weak and likely to break. Roughly 10 million Americans have osteoporosis and about 44% have low bone density putting them at risk for osteoporosis. *Actually the incidence of osteoporosis in women is greater than that of a heart attack stroke or breast cancer!* Here are some Facts about bones and osteoporosis:

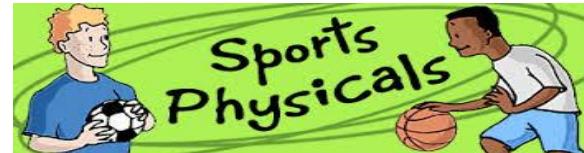
- Bone is living tissue, throughout life we are losing bone and forming new bone. Osteoporosis happens when we lose too much bone or don't make enough new bone.
- Osteoporosis causes roughly 2 million broken bones a year.
- One in four men and one in two women will break a bone due to osteoporosis.
- Osteoporosis is preventable!
- If your parent broke bones due to as an adult, you are at risk for osteoporosis
- Many people do not know they have osteoporosis until they break a bone; the most common bones are the hip, spine or wrist.
- Simple actions such as a sneeze, cough or bumping into something can cause a fracture.

So what can we do about osteoporosis? How can we prevent ourselves or decrease the likelihood of getting osteoporosis?

- Get enough calcium and vitamin D every day: eating yogurt and green vegetables can really help. Try calcium and vitamin D fortified foods such as juices and cereals.
- Talk to your doctor about calcium supplements.
- Exercise: muscle strengthening, walking, dancing are great examples of things to do.
- Keep a healthy lifestyle. If you smoke- quit, watch your alcohol intake, try to eat foods that are not processed.
- Talk to your doctor. Many of us say "I don't have to worry about this while I am young", in fact, now is the time to begin to look at your bone health.
- Look around your environment/home and prevent falls and accidents from occurring.

Let's face the facts; so much of our long term health depends on what we decide to do every day to keep our body in tip top shape while we are younger. Making

positive strides with our children with regard to bone health will help them have a better shot at healthy bones way down the line. For more information go to: [www.nationalosteoporosismfoundation.com](http://www.nationalosteoporosismfoundation.com)



WHERE: Hardyston Middle School

WHEN: Thursday-June 2

TIME: 4:30PM UNTIL 7:00PM

Please have all forms completed when you arrive!

All students entering grade 5 through 8 brought home "Health Office" information packets. Please review all materials inside, fill out all forms completely and return to the health office. These forms are required by the Department of Education and must be completed in order for your child to participate in any sport.

Any questions contact:

Mrs. Burdzy @823-7000 X 1010

Mrs. Kohut @ 823-7000 X 8220

## IMMUNIZATION REGULATIONS

Every child born on or after January 1, 1997 and entering or attending Grade Six or a comparable age level special education **must receive one dose of Tdap** (Tetanus, diphtheria, acellular pertussis) and **must receive one dose of meningococcal vaccine**.

**This is to be given no earlier than the 10<sup>th</sup> birthday.**

**Documentation must be submitted to the Health Office by September 1, 2016 in order for your child to be permitted to attend school.**

Thank you in advance for your cooperation, please feel free to contact the health office with any questions at 973-823-7000 ext. 1010.

(Continued: **HEALTH OFFICE NEWS**)

## PEANUT ALLERGY INFORMATION

When sending in any food products to school, parents and guardians need to pay close attention to nutrition labels. In order to provide the safest environment for all of our students with food allergies, we are asking that you follow a **VERY STRICT, NO PEANUT OR TREE NUT** policy when sending in foods that **are to be shared**. Every food item that is made at home must also be accompanied by the labels of the ingredients that you used in your food preparation. Please make sure that there are **NO PEANUT / TREE NUT INGREDIENTS** in any food products that you send in. If either peanuts or tree nuts are part of the ingredients, the food item will not be sent to the classroom and will have to be sent back home. Also, please be sure to look for any disclaimers that state **"This product may be manufactured in a plant that also processes peanuts or tree nuts."**

## REMINDERS

### ELEMENTARY SCHOOL NURSE'S OFFICE

Due to medical and privacy issues the School Nurse will **NOT** be available for ingredient checks and consultation from 8:40am through 9:10am and 2:45pm through dismissal.

## STUDENT ABSENCE

Please remember that if your child is going to be absent for any reason, you need to call the school nurse on the day of the absence. **Upon your child's return to school he/she must bring in a written excuse as to the reason for his/her absence.** (973) 823-7000

**Elementary School Nurse: Amy Kohut, 8220**

**Middle School Nurse: Elizabeth Burdzy, 1010**

## RECYCLE, RECYCLE

Mr. Demeter will be collecting old digital cameras, MP3 players, notebook computers, cell phones, ink cartridges and toner cartridges. These items can be dropped off at either school. He will continue using the recycled material to obtain various items for the school district. Thank you for your help in this effort.

## LITTELL COMMUNITY CENTER

May/ June 2016

- Pageants!!! Franklin, May 14, Hardyston, May 13, Hamburg, June 12, Check your municipality for further details
- Middle School Dances (Grades 5-8), May 14 & June 11, 7:00-9:00pm, \$5.00/F/H/H residents, \$10.00 non-residents
- After School at the Movies, May 11, "The Good Dinosaur", June 8, "Zootopia", 4:00pm, \$2.00/F/H/H residents, \$4.00 non-residents
- Open Play (ages 2-5), Thursdays, 11:00am-12:00pm \$2.00/F/H/H residents, \$4.00 non-residents, Ends June 23<sup>rd</sup>
- Music and More (Ages 1-5), Thursdays, 9:30-10:10am & 10:20-11:00am, \$5.00/F/H/H residents, \$8.00 non-residents
- Music and More (Ages 1-5), Father's Day Event, Saturday, June 18, 10:30am, \$5.00/F/H/H residents, \$8.00 non-residents, Sign-up in advance
- Kiddie Kraft (Ages 2-5), May 23 & June 13, 11:00am, \$3.00/F/H/H residents, \$5.00 non-residents, Must Sign-up in advance
- Happy Walkers, Mondays, Wednesdays, and Thursdays, 9:00-10:00am, Littell Center Gym, Strollers welcomed
- Book Club, May 24 & June 28, 10:00am-12:00pm, \$2.00/F/H/H residents, \$4.00 non-resident
- Senior Movie Bunch, May 11, "Brooklyn", June 8, "Joy", 1:00pm, \$1.00/F/H/H residents, \$2.00 non-residents
- Senior Exercise Group, Mondays & Wednesdays, 10:00-11:00am, \$2.00/F/H/H residents, \$3.00 non-residents
- Senior Leisure Group , May 13, June 10 & June 24, 11:00am-1:00pm, \$2.00/F/H/H residents, \$3.00 non-residents

**Littell Community Center  
Franklin/ Hardyston/ Hamburg Joint Recreation  
10-12 Munsonhurst Road  
Franklin, NJ 07416  
Phone: 973-827-9734**