

## **NJDOH Guidelines:**

The guidelines from the state are as follows:

Parents should not send children to school when they are sick. For school settings, NJDOH recommends that students with the following symptoms be promptly isolated from others and excluded from school:

**COULMN A:** At least two of the following symptoms: fever (measure or subjective), chills, rigors (shivers), myalgia (muscle aches), headache, sore throat, nausea or vomiting, diarrhea, fatigue, congestion or runny nose;

OR

**COLUMN B:** At least one of the following symptoms: cough, shortness of breath, difficulty breathing, new olfactory disorder, new taste disorder.

- If your child displays any **two symptoms from column A** and/or **one symptom from column B**, you will need to have your child COVID tested. We accept PCR or rapid antigen tests. We **do not** accept a home test. If you do not want to do a COVID test, the child will need to quarantine for 10 days. An alternative diagnosis from a physician is NOT accepted per the DOH. If you have any questions, please let me know. Thanks.

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