



**NEW THIS YEAR!**

# BREAKFAST

**IN YOUR SCHOOL DISTRICT**

## Dear Parents and Guardians,

I'm writing to let you know how important it is to fill out the attached school meal application form. Some parents are concerned about listing income amounts and social security numbers on the application. Any personal information you provide will not be shared:

- 🍓 Free and reduced price meal applications are confidential. Your information will only be used to determine your child's eligibility for the school meal programs. We cannot share your information without your written permission.
- 🍓 Students who receive free and reduced price meals are not identified. No other students, staff, or teachers need to know who is receiving free or reduced meals and who has paid.

There is an important reason for you to fill out this form. If your child qualifies for free or reduced price lunches, he or she qualifies for free or reduced price breakfasts at school as well. We want to help your child eat healthy meals at school. When children eat a healthy, balanced diet, studies have shown that they enjoy the benefits of improved attentiveness and cognition, and have and more energy to perform their best.

Please take a few minutes to fill out this form so that your child may qualify for these important benefits.

Sincerely,

Meg O'Mara, Principal  
Hardyston Middle School



\*MASCHIO'S IS AN EQUAL OPPORTUNITY PROVIDER\*

### QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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Healthy meals grow

*healthy kids!*